U-TURN RANCH - Day camp Information/Packing Sheet

ARRIVAL/DROP OFF

Please plan to arrive at the Ranch Monday between 8:00 and 8:30 a.m. The first morning of drop off can take a little longer than usual as we check in each camper, however the rest of the week should be quick. (Please note the short week in August has a Tuesday drop off.) We are happy to accommodate early drop off between 7:30-8:00 for a \$5 charge/day/camper. This needs to be arranged at least two weeks in advance.

A parent, guardian or a responsible adult must accompany campers and sign them in each morning. All medications and canteen money are to be handed in at registration the first day of camp.

When you arrive at the camp you will be directed through a drive thru drop off. There will be checkpoints along the way to let us know who is picking up at the end of the day, and to see the nurse/cook if needed. Please call and leave a message if your child will be absent or late the first day of camp.

DEPARTURE

Monday to Thursday pick up is from 5:00 - 5:30 p.m. The daily program ends at 5:00 p.m. Friday sign-out will take place at 4:30. All sign out is done drive thru style, so pick up is fairly quick.

EARLY PICK UP/LATE DROP OFFS

We do not encourage late drop offs or early pick ups, as campers miss out on activities. We do however, understand there are times that this may need to happen. If arriving after drop off time, we ask that you are patient with our staff who will meet you in the parking lot as soon as time permits. If picking up early, please let our staff know at drop off the morning of, so we can have your child ready to go and be prepared for an early pick up. These arrangements need to be noted at drop off, and do not need to be called into the office.

LICE CHECKS

A lice check is done for campers the first morning of drop off. Please be advised that if there are any lice or nits discovered, campers will be sent home to be treated and then allowed back to camp once nits are clear. If there is anything that we are unsure of on camper's head, we require that public health clears them before returning. There are no refunds for these situations. **U-Turn strongly encourages parents to check prior to arrival.**

COVID19 WAIVERS

Should this be required; information will be sent out.

PETS

We ask that if pets come with you to the ranch that they remain in your vehicle with you.

MEDICATION

Please bring any medication that your camper will require during camp the Monday morning of drop off. You will have the opportunity to drop if off with our First Aid Attendant/Nurse. We ask that that medications required throughout the year be sent with your child(ren) to camp.

The Ranch reserves the right to refuse admission to any camper with a suspected contagious condition. To ensure your child(ren) has an enjoyable week, and to protect other campers, please have any condition treated completely before coming to camp. If this is not possible, please contact the ranch.

LOST & FOUND

Though U-Turn Ranch works hard to care for and protect individuals' items, we do not assume responsibility for lost or damaged items. All Lost and found will be held for two weeks after camp. If you are missing an item at the end of the day, please check in with our staff in the morning. Often group leaders will hold the items till the next day. If an item is missing at the end of the week, please contact our office. We recommend labelling all items.

SUNSCREEN & BUG SPRAY

We ask that sunscreen and bug spray be applied each morning before drop off. This will ensure your campers have a good base for the day. We will assist with re-applying mid-day.

SNACK AND LUNCH

Each day a lite snack is provided mid-morning. This is not to replace breakfast, but usually something simple like a granola bar or pretzels. Lunch is also served each day. Lunches include things like grill cheese, pizza buns, sandwiches, mac&cheese or hot dogs.

FOOD ALLERGIES

Due to the number of requests for our kitchen we have had to change our policy this year. If a special diet was noted on your camper's registration, U-Turn Ranch staff will contact you the week prior to camp with a menu. As per our registration, if your

camper is needing something other than what is provided on our menu, we ask that you pack a nut free lunch for that day. Please hand in the lunch at drop off and we will ensure to get it to your camper at lunch time.

CANTEEN OR TUCK SHOP

The tuck shop will be open everyday for the campers to purchase a snack. The tuck shop includes items such as chocolate bars, chips, candy, and pop. Healthier options are also included, such as crackers, cheese strings, yogurt, granola bars, gold fish, juice and water. We suggest a limit of \$3.00 per day. U-turn recommends a drink and a treat per day. Cost of all items are \$1.50. **Please bring their tuck allowance the first morning of the week if not prepaid with registration**. We allow campers to get 1-3 items a day based on the money that has been provided for the week. No refunds will be issued as majority of campers spend their entire amount.

MAIL

U-Turn Ranch does pony express every day (delivery of mail on horseback). Feel free to drop off letters on <u>Monday morning</u> and we will deliver them throughout the week. No snacks please! We ask that letters are not emailed to the office.

SWIM TEST

On the first day we do a swim assessment for the campers who want to swim in the deep end without a lifejacket or puddle jumper. If they can swim across the pool confidently without touching, tread water for ½ a minute and swim back, our lifeguard will allow them to swim in the deep end.

If your camper is not confident to swim in the deep, we ask that they either wear a lifejacket/puddle jumper the entire time they are in the pool OR they stay in the shallow end. If you send a lifejacket or puddle jumper with your camper, we will ask that they wear it while in the pool. For safety we do not allow campers to take lifejackets or puddle jumpers on and off while in the pool area. For our younger campers, we always encourage life jackets or puddle jumpers.

WEATHER– Our program runs rain or shine. If it is down pouring, thundering or lightening, we alter our program as needed. If rain is in the forecast, please send your child with few extra pairs of cloths, and rain gear. Splash pants and a raincoat are a great idea. They will stay nice and dry and when it stops raining can easily be taken off to enjoy the rest of the day in dry cloths.

THEME MEALS—We want to have your child join us in dressing up if they would like. Please feel no pressure – this is just with items you already have at home.

Monday – No theme
Tuesday – Dress the color of your day group
Wednesday – Wacky Hair Day
Thursday – U-Turn/Western Day
Friday – Jersey/Sport Day

WHAT TO BRING!!!

- 1. Swimsuit and towel
- 2. Life Jacket/Puddle Jumper if your child requires
- 3. Long pants for horsemanship. Helmets will be provided.
- 4. Solid shoe or boot for riding While choosing footwear for horsemanship activities, please consider that occasional accidents do happen and our big gentle friends (Horses) can step on feet. Crocks and sandals will not be allowed in the barn area. Solid running shoes or rubber boots are ideal.
- 5. Running Shoes
- 6. Sandals OR Crocks- these are NEEDED as it gets very hot. And Crocks are ideal as they can get wet.
- 7. Rain gear
- 8. Extra set of cloths Extra socks
- 9. Sunscreen and insect repellent
- 10. Hat for sun-shade
- 11. Water bottle Campers must have a refillable water bottle/Please send full each morning.

Please do not send valuables, technology, phones or money with campers as U-Turn cannot ensure it will be safe or prevent loss during the day.