

U-TURN RANCH – Overnight Information/Packing Sheet

ARRIVAL – Drop off is Monday between 7:30 and 8:00 AM. (The exception being the short week, which is the Tuesday) We ask that you do not come earlier than 7:30 as we are completing final preparation for your child's arrival. A responsible adult must accompany your camper for sign on Monday morning. Please ensure they know who is picking up Friday and are aware for any medical or food allergy arrangements. All person should remain in the vehicle, and you will be directed through a drive thru drop off. There will be checkpoints along the way, included pick up arrangements at the end of the week, and to see First Aid or Cook if needed. Please ensure that all medication is with you, not in your camper's suitcase.

DEPARTURE – Sign out is Friday at 4:45 PM and will be a drive thru pick up. Please arrive at 4:45 as sign out is usually done in 5-10 minutes. It is always sad to be the last one picked up from sleepover camp. Any medication will be returned at this time. Should you require an early pick up, please let us know at drop off so we can have your camper ready and packed up in time.

LICE CHECKS – A lice check is done on all campers the first morning of drop off. Please be advised that if there are any lice or nits discovered, campers will be sent home to be treated and then allowed back to camp once nits are removed. If there is anything that we are unsure of in their hair, we will require that they are cleared by public health or a lice care professional before returning. There are no refunds for these situations. U-Turn strongly encourages parents to check prior to arrival.

PETS – We ask that if pets come with you to the ranch, that they remain in your vehicle with you.

MEDICATION – Please bring any medication that your camper will require during camp the Monday morning of drop off. You will have the opportunity to drop it off with our First Aid Attendant/Nurse. We ask that medications required throughout the year be sent with your child to camp.

The Ranch reserves the right to refuse admission to any camper with a suspected contagious condition. To ensure your child has an enjoyable week, and to protect other campers, please have any condition treated completely before coming to camp. If this is not possible, please contact us ahead of time.

CANTEEN OR TUCK SHOP – The tuck shop will be open every afternoon for campers to choose a snack based on the amount purchase with registration. If you are unsure of what you selected, please refer to the receipt that was issued with your confirmation email. The tuck shop includes items such as chocolate bars, chips, candy and pop. Healthier options are also included items such as crackers, cheese strings, yogurt, granola bars, goldfish, juice and water.

If you purchase 2 items/day they will be encouraged to select a drink and a snack each day. We allow campers to get 1-3 items a day based on the money that has been provided for the week. No refunds will be issued as majority of campers spend their entire amount.

MEALS – Meals will begin with Monday lunch thru to Friday lunch. Please do not send food (including candy) with your child due to allergies of other campers, unless prior arrangements have been made with the ranch.

FOOD ALLERGIES – If a special diet was noted on the camper's registration, our office will contact you the week prior to camp with a menu. As per our registration, if your camper is needing something other than what is provided from our kitchen, we ask that you send a meal replacement that can be heated up for your camper. Please bring anything required to drop off and ensure all items are nut free. If you do not hear from us, please contact the office to ensure your campers dietary concern was on the registration.

BUNK BEDS – We ask that you prepare your campers to sleep on the top or bottom bunk in our covered wagons. We do our best to accommodate everyone, however top bunks and bottom bunks are limited to 6 campers in each wagon. Our policy is that our staff remain on the bottom bunks for proper supervision. We are unable to save bottom bunks for campers unless there is a physical reason that they are unable to be on the top. Due to the

wagons being canvas, there are times that their bedding may get a little damp in the morning. We ask that campers make us aware if this is the case so we can ensure bedding is dried if necessary.

LOST AND FOUND – Though we work hard to care for and protect individual's items, we do not assume responsibility for lost or damaged items. An email will follow Friday after camp with pictures of lost and found items. If you have an item shown, please contact the office and plan for pickup the following week. All items will be held for 1 week following their week at camp, unless other arrangements have been made.

MAIL - U-Turn Ranch does pony express every day (delivery of mail on horseback). Feel free to drop off letters on Monday morning and we will deliver them throughout the week. No snacks, please! We ask the letters are not emailed to the office as we cannot ensure they will get printed in time to make the mail. No pressure to do a letter every day – your camper will be thrilled even with 1 during the week.

PHONE CALLS HOME/HOMESICKNESS - Campers have a very busy schedule while at camp. If you need to contact your camper, please email our office and we will pass along the information at the following meal. If a camper should feel the need to call home, we ask that they speak to the camp Director. Calls home often increase home sickness however should your camper become homesick, and they cannot carry on we will contact you to discuss what the best plan may be moving forward.

DIRECTIONS - We are located just outside of Tavistock across from the John Deere tractor dealership. When using the GPS please use 537097 County Rd. 34 Tavistock.

WHAT NOT TO BRING – U-Turn Ranch is an alcohol, non-prescription drugs, vape and tobacco free facility. Please discuss this with your camper prior to camp should this be a concern. Chewing gum, inappropriate reading, material and technology (cell phones tablets) are not permitted at the ranch. If these items are brought, they will be held in the Ranch office until the completion of the week. If this is a concern, please contact the Ranch prior to the week of camp. We also suggest not bringing valuables or special items to camp. Although we do our best to protect and keep everyone's items safe, we cannot guarantee their protection.

WHAT TO BRING FOR CAMP

- Sleeping bag and pillow - extra blanket as nights can get cold
- Toiletries, including toothbrush, toothpaste, and deodorant
- Swimming towel
- Shower Towel
- Sunscreen, bug spray, and hat
- Bible, notepad and pen (optional)
- Water - all campers must have a refillable water bottle
- Long pants for riding (4)
- Solid shoes or boots for riding - Crocs and sandals will not be allowed in the barn area. Solid running shoes or rubber boots are ideal.
- Sandals or crocs that can get wet and great for hot weather
- Running shoes
- T-shirts (5)
- Short (5)
- Long sleeve shirt (2)
- Sweatshirts (4)
- Underwear (5)
- Socks (8)
- Raincoat and rubber boots - our program continues in the event of light rain
- Pyjamas (2)
- Swimsuit-one piece or tankinis are ideal as they play games in the pool
- Warm jacket or sweater for campfire

- Flashlight
- Nice outfit for Thursday night banquet meal