

## **U-TURN RANCH – Overnight Information/Packing Sheet**

**ARRIVAL** - Please plan to arrive at the Ranch Monday between 7:30 and 8:00 a.m. (The exception being the short week, which is the Tuesday.) We ask that you do not come earlier than 7:30 as we are completing final preparations, for your child's arrival. A parent, guardian or a responsible adult must accompany your camper for sign in Monday morning. Please ensure they know who is picking up Friday, and are aware of any medical or food allergy arrangements. All persons should remain in the vehicle and you will be directed through a drive thru drop off. There will be checkpoints along the way to let us know who is picking up at the end of the week, and to see the nurse/cook if needed.

**DEPARTURE** - Sign out is Friday at 4:45pm. ALL CAMPERS must be signed out prior to departure. Any medication will be returned at this time. Should you require an early pick up, please let us know at drop off so we can have your camper ready to go for an earlier time.

**COVID19 WAIVERS** – Should this be required; information will be sent out.

**PETS** - We ask that if pets come with you to the ranch that they remain in your vehicles with you.

**LICE CHECKS** - A lice check is done on all our campers on the first morning of registration. Please be advised that if there are any lice or nits discovered, your camper will be sent home to be treated and then allowed back to camp once nits are completely clear. If there is anything that we are unsure of on the head, the ranch requires that public health clears them before returning. There are no refunds for these situations. **We strongly encourage parents to check prior to arrival.**

**CANTEEN OR TUCK SHOP** - The tuck shop will be open every day for the campers to purchase a snack. The tuck shop includes items such as chocolate bars, chips, candy, and pop. Healthier options are also included, such as crackers, cheese strings, yogurt, granola bars, gold fish, juice and water. We suggest a limit of \$3.00 per day. U-turn recommends a drink and a treat per day. Cost of all items is \$1.50. We ask that all money is handed in at drop off, if not pre-paid with registration. We allow campers to get 1-3 items a day based on the money that has been provided for the week. No refunds will be issued as majority of campers spend their entire amount.

### **MEDICATION**

Please bring any medication that your camper will require during camp the Monday morning of drop off. You will have the opportunity to drop off with our First Aid Attendant/Nurse. We ask that that medications required throughout the year be sent with your child(ren) to camp. The Ranch reserves the right to refuse admission to any camper with a suspected contagious condition. To ensure your child(ren) has an enjoyable week, and to protect other campers, please have any condition treated completely before coming to camp. If this is not possible, please contact the ranch.

**MEALS** - Meals will begin with Monday lunch thru to Friday lunch. Please do not send food with your child due to allergies of other campers, unless prior arrangements have been made with the ranch.

### **FOOD ALLERGIES**

Due to the number of requests for our kitchen we have had to change our policy this year. If a special diet was noted on your camper's registration, U-Turn Ranch staff will contact you the week prior to camp with a menu. As per our registration, if your camper is needing something other than what is provided from our kitchen, we ask that you send a meal replacement that can be heated up for your camper. Please bring anything required, for drop off. We ask that all items are nut free. If you do not hear from us, please contact the ranch office to ensure your camper's allergy is on their registration.

**BUNK BEDS** – U-Turn Ranch would ask that you prepare your camper to be ready to sleep on the top or bottom bunk in our covered wagons. We do our best to accommodate everyone, however top bunks and bottom bunks are limited to the 6 campers in each wagon. Our policy is that our staff remain on the bottom bunks for proper supervision. We are unable to save bottom bunks for campers unless there is a physical reason that they are unable to be on a top bunk. Due to the wagons being canvas, there are times that the bedding does get a little damp in the morning. We ask that your camper makes U-turn Staff aware of this and we will ensure they have their bedding dried as necessary.

**LOST & FOUND** – Every summer there are items left at camp. Please label all belongings. U-Turn Ranch is not responsible for items left at camp. However, if items are left, please feel free to email us after your week, and we will do the best to locate the item. Items left behind are usually donated bi-weekly to a local second-hand store.

**MAIL** – U-Turn Ranch does pony express every day (delivery of mail on horseback). Feel free to drop off letters on Monday morning and we will deliver them throughout the week. No snacks please! We ask that letters are not emailed to the office as we cannot ensure they will get printed in time to make the mail.

**PHONE CALLS HOME/HOMESICKNESS** - Due to the campers having a very busy schedule, it is recommended that if campers need to be contacted, a message be left with our office staff to be passed on at the following mealtime. If a camper should feel the need to call home, we ask that they speak to the Camp Directors. Calls home can often increase homesickness, however, should your camper become homesick and feel they can not carry on, we will contact you to discuss what the best plan moving forward will be.

**DIRECTIONS** – We are located just outside of Tavistock across from the John Deere Tractor Dealership. When using a GPS please use 537097 County Road 34 Tavistock.

**WHAT NOT TO BRING** – U-Turn Ranch is an alcohol, non-prescription drugs, vape and tobacco free facility. Please discuss this with your camper prior to camp, should this be a concern. Chewing gum, treats, inappropriate reading materials and technology (cell phones, tablets etc.) are not permitted at the Ranch, and if brought, will be held in the ranch office until the completion of the week. If this is a concern, please contact the ranch prior to the week of camp. We also suggest not bringing valuables or special items to camp. Although we do our best to protect and keep everyone's items safe, we cannot guarantee their protection.

#### **WHAT TO BRING FOR CAMP**

- Sleeping bag, pillow, and extra blankets – nights can get cold
- Toiletries (toothbrush, tooth paste, deodorant etc.)
- Swimming Towel
- Showering towel
- Sun-screen
- Bug spray
- Hat for sun protection
- Bible (optional)
- Notepad and pen
- Water bottle – All campers must have a refillable bottle
- Long pants for riding (4)
- Solid shoe or boot for riding – While choosing footwear for horsemanship activities, please consider that occasional accidents do happen and our big gentle friends (Horses) can step on feet. Crocks and sandals will not be allowed in the barn area. Solid running shoes or rubber boots are ideal.
- Sandals/crocs – shoes that can get wet and for hot weather
- Running Shoes
- T-shirts (5)
- Shorts (5)
- Long sleeved shirt (2)
- Sweater (2)
- Underwear (6)
- Socks (8)
- Rain coat and rubber boots - our program continues in the event of a light rain.
- Pajamas (2)
- Swimsuit – one piece or tankinis are ideal as they play games in the pool
- Canteen money (\$15 suggested)
- Warm jacket or sweater for campfire
- Flashlight
- Nice outfit for our Thursday night Banquet meal